

# BryanLGH Counseling Center

## Helping Patients adjust from a Medical Diagnosis to Living Life



**Kim Corner, PhD,**  
Licensed Psychologist

**Kim Corner** specializes in providing treatment for older adolescents and adults faced with anxiety disorders, mood disorders, insomnia, women's issues and life transitions. She also helps clients with communication skills, assertiveness training, stress management and learning disabilities, as well as providing Learning Disability Evaluations. Corner received a doctorate in Counseling Psychology from the University of Oklahoma.

*Works with clients with a variety of medical diagnoses including: Diabetes, heart conditions, stroke, gastrointestinal problems and sports-related injuries.*



**Mary-Kathryn Hunsberger, PhD,**  
Licensed Psychologist

**Mary-Kathryn Hunsberger** specializes in treating depression, affective disorders, post-traumatic stress disorder including trauma following an accident or related to military service, insomnia and life transitions through brief and long-term counseling. She also offers diagnostic interviewing, psychological assessment and bariatric surgery evaluations. Hunsberger received a doctorate from Arizona State University.

*Works with clients with a variety of medical diagnoses including: Cancer, diabetes, Parkinson's disease, sports-related injuries or accidents, and chronic pain conditions including fibromyalgia, endometriosis, arthritis and RSD.*



**Ariadne Schemm, PhD,**  
Licensed Psychologist

**Ariadne Schemm** specializes in treatment for children, adolescents and families dealing with attention deficit hyperactivity disorder, oppositional behaviors, parent-child conflict, anxiety, depression, habit related disorders and sleep problems. She also helps clients with academic and school behavior concerns, developmental disabilities and social skills. Schemm holds a master's in developmental disabilities from St. Mary's University, MN and a doctorate in school psychology from the University of Nebraska, Lincoln.

*Helps children cope with medical diagnosis of their own or a loved one.*

## Referrals

Trained therapists can help patients and families work through the shock, anger, grief, depression and other emotions that can accompany a medical diagnosis or chronic health condition.

You may refer your patient or patients may schedule their individual appointments.



Jane Heine, RNC, BSN, will review the case/situation with you/your patients and recommend the most appropriate therapist based on patient's needs.

**BryanLGH Counseling Center**  
**BryanLGH West**  
**2300 S. 16th St., Lincoln, NE**  
**402-481-5991**

Appointments also available at LifePointe by BryanLGH  
7501 S. 27th St., Lincoln, NE

**Online, confidential depression, anxiety and alcohol screenings are available at [www.bryanlgh.org](http://www.bryanlgh.org)**

## Emergency situations

Go directly to the emergency department at BryanLGH West, 2300 S. 16th St.

 **BryanLGH**  
bryanlgh.org



**Cindy Hollister, LICSW,  
Therapist**

**Cindy Hollister** specializes in treating personality disorders, severe trauma disorders and insomnia. She has training in EMDR, hypnosis, Dialectical Behavioral Therapy and cognitive behavioral therapy. Hollister earned a master of social work degree from the University of Nebraska-Omaha.

*Works with clients with a variety of medical diagnoses including: Cancer, autoimmune diseases, multiple sclerosis, diabetes, mild traumatic brain injury, chronic headaches and chronic pain conditions including fibromyalgia.*



**Patty Sandoval, LICSW,  
Therapist**

**Patty Sandoval** provides therapy services to older adolescent, adult and geriatric clients for a wide range of issues such as depression, anxiety, chronic mental illness, insomnia, adjustment disorder, post-traumatic stress disorder and relationship concerns. She earned a Master of Social Work degree from New Mexico Highlands University.

*Works with clients with a variety of medical diagnoses including: Cardiac (heart surgery, angioplasty, etc), pulmonary (COPD, asthma), cancer, amputations and diabetes.*



**Connie Rose, MEd,  
Senior Fellow, BCIA,  
Biofeedback Therapist**

**Connie Rose** specializes in biofeedback therapy to ease symptoms of multiple disorders. She uses cognitive restructuring, self-regulation skills, stress management techniques and relaxation exercises to help patients reduce symptoms. Rose earned a master of education degree in stress physiology from the University of Nebraska-Lincoln.

*Works with clients with a variety of medical diagnoses including: Anxiety disorders, headaches, chronic pain, hypertension, diabetes, cardiovascular problems and gastrointestinal problems.*



**Pam Bowles, LCSW,  
Therapist**

**Pam Bowles** is the coordinator, as well as a facilitator, of the Men's Domestic Abuse Groups. She earned a master of social work degree from the University of Nebraska-Omaha.